

FOREMAN HACK

INSTRUCTIONS

This is a hack for making our men's pattern, the Foreman, a neater fit for a woman. The jacket/sleeves are shortened and it is taken down a grade at the shoulder. To work out which size to make, we would suggest looking at the finished chest measurement and either compare this with a jacket you like the fit of, or use a tape measure around your bust to check size/ease.

Our model is a size 10 and is wearing a chest 38. (Which has been graded to a 36 at the shoulder.)

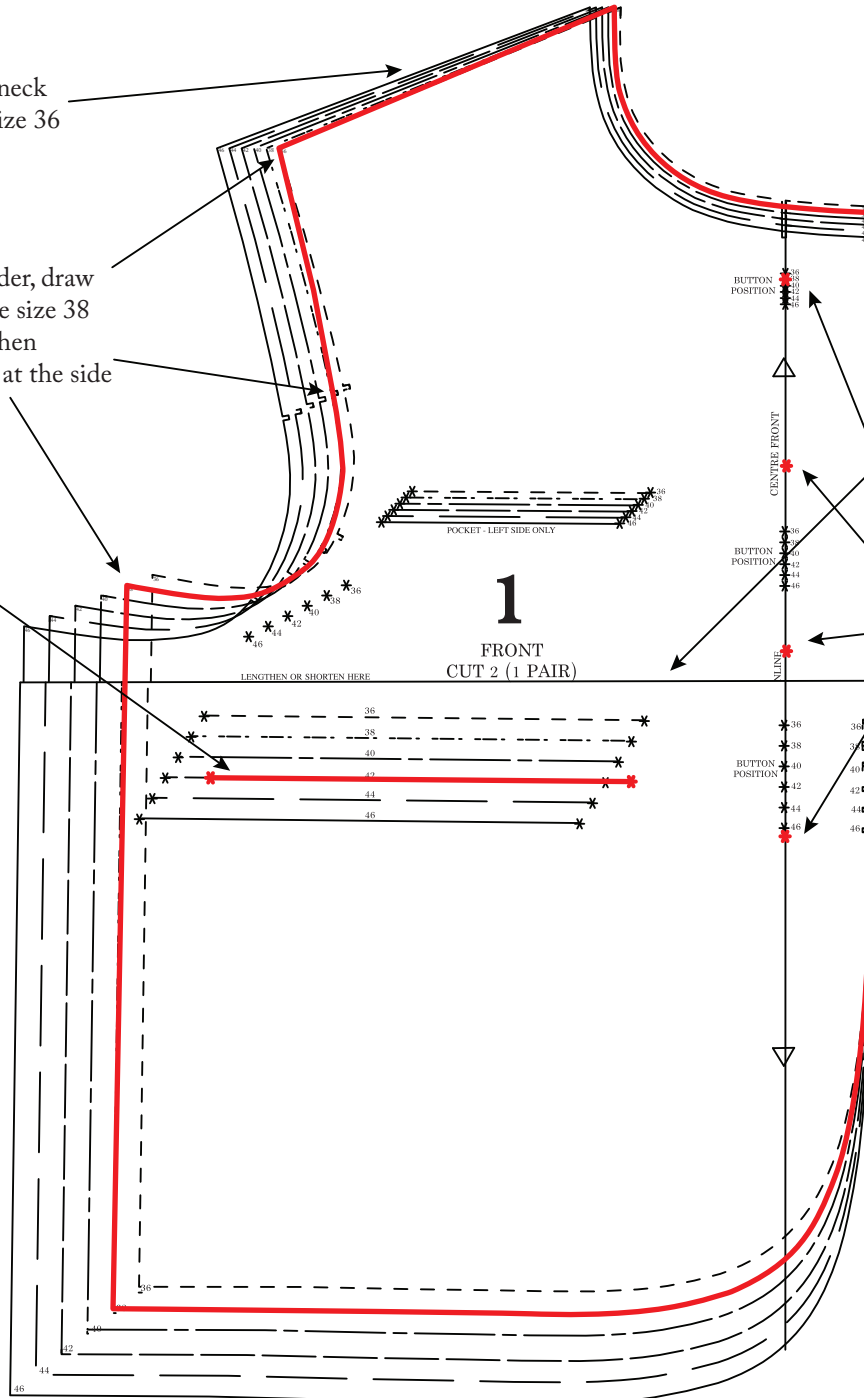
The instructions guide you through making a 38, but if for example you were making a chest 42, then you'd be grading to a 40 at the shoulder.

CUT OUT PATTERN PIECES 7-9 IN SIZE 38. WE HAVE DECIDED NOT TO INCLUDE THE BREAST POCKET ON OUR SAMPLE. THEN MAKE THE FOLLOWING CHANGES:

FRONT

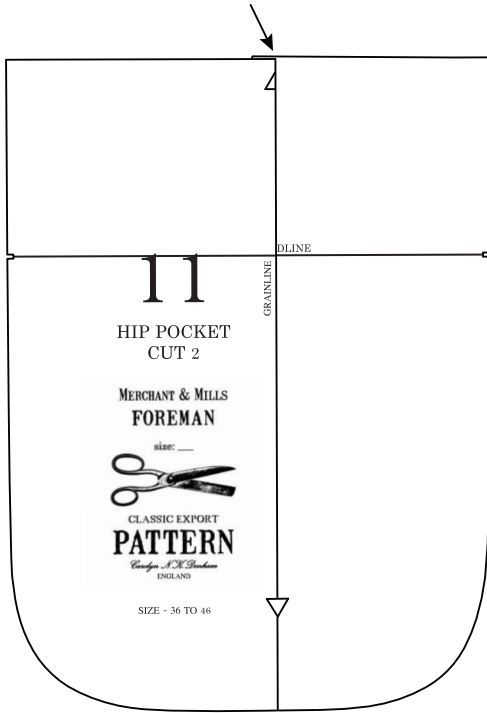
Using the size 38 pattern. Reduce the length on the FRONT (1) by 15 cm at the lengthen/shorten line. Re-draw line. Then follow these changes:

- From the size 38 at the neck draw a new line to the size 36 at the shoulder.
 - From the size 36 shoulder, draw the new line back to the size 38 at the armhole notch, then continue to the size 38 at the side seam.
 - Move the pocket position down by 2 cm and reduce the width of this line by 1 cm at the side.
 - Reduce the length by 15cm at the lengthen/shorten line.
- Remark the button/buttonhole position: Starting at the size 38 position at the top, measure down 9 cm for each spacing.

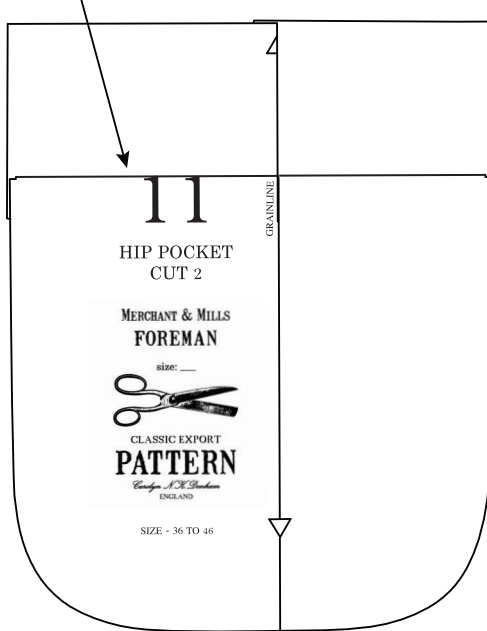


HIP POCKET

5. Slash through the length of the HIP POCKET (11) and reduce the width by 1cm.



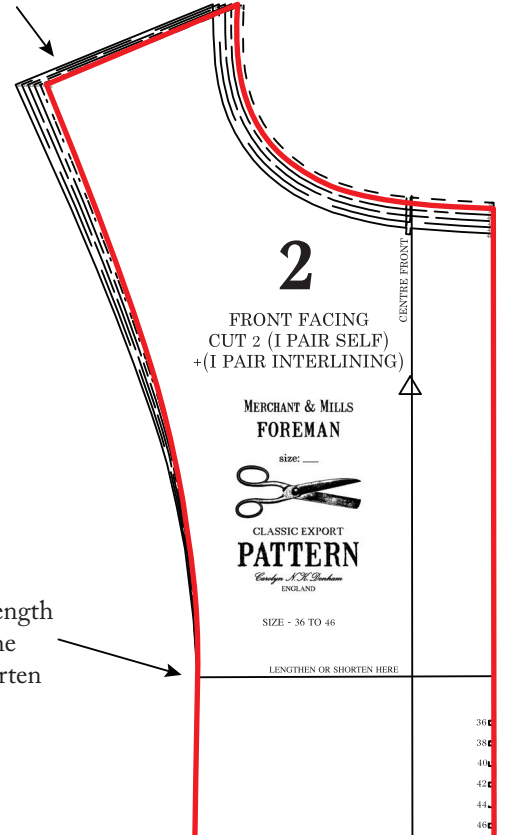
- Slash through the width (at the foldline) and reduce the length by 2cm.



FRONT FACING

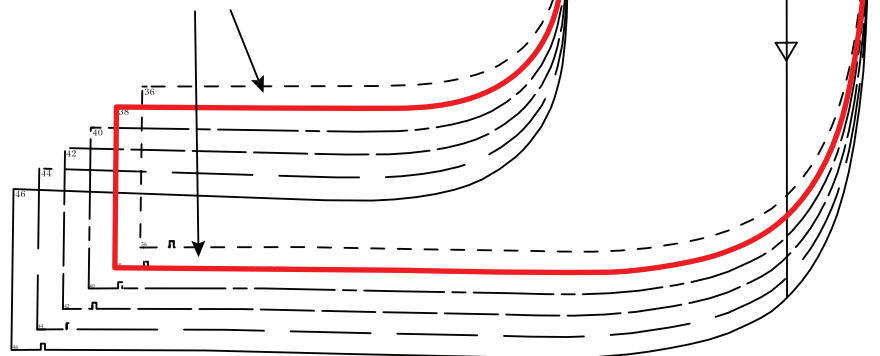
6. Using the size 38 pattern. Reduce the length on the FRONT FACING (2) by 15 cm at the lengthen/shorten line. Then follow this change:

From the size 38 at the neck draw a new line to the size 36 at the shoulder. Carry on the 36 line until all lines merge.



Reduce the length by 15cm at the lengthen/shorten line.

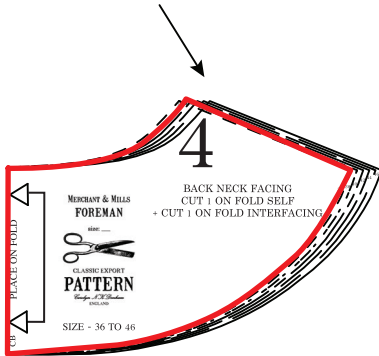
Follow the size 38 lines for these lower lines.



BACK NECK FACING

7. Follow these changes for BACK NECK FACING (4):

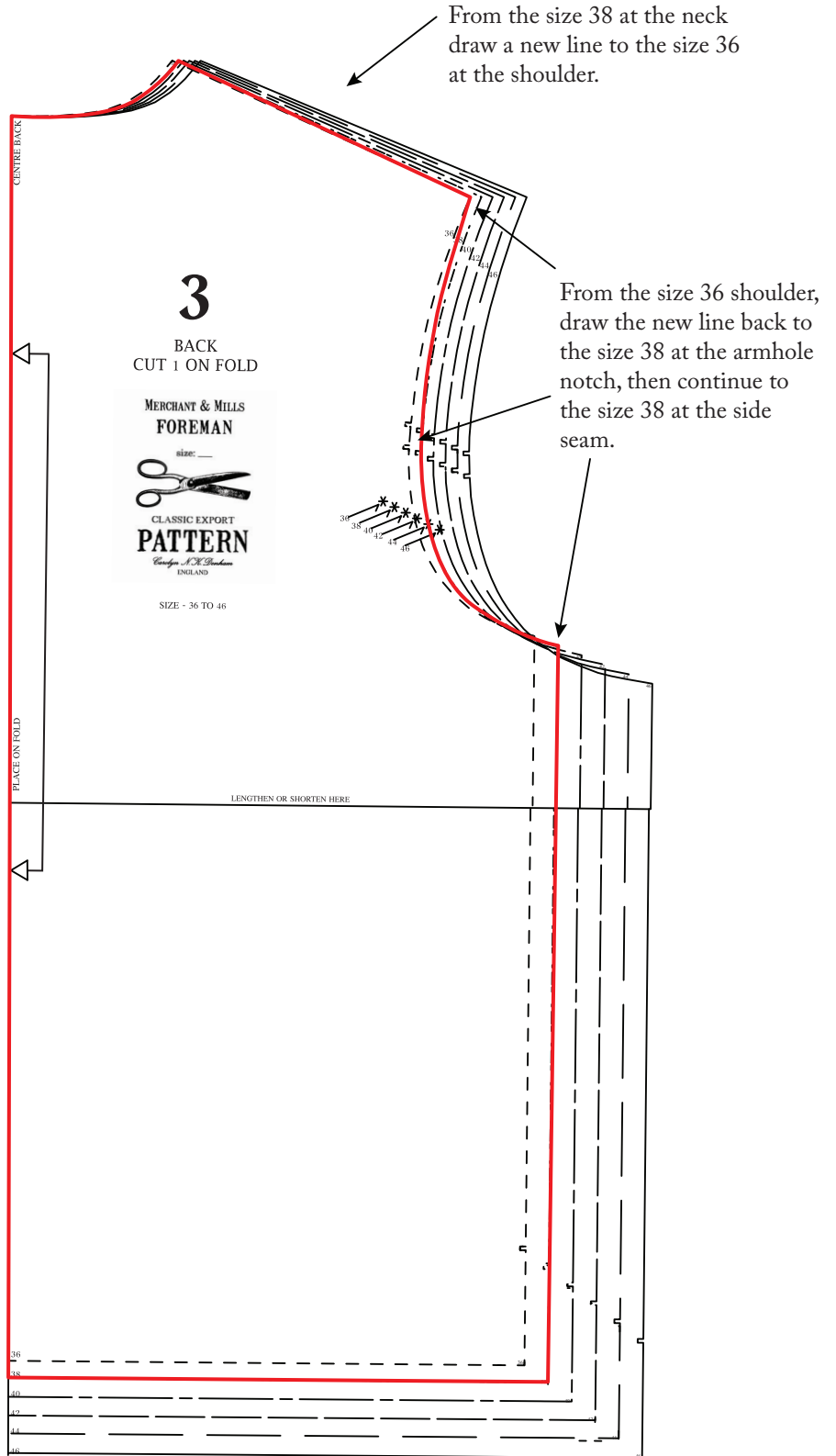
From the size 38 at the neck draw a new line to the size 36 shoulder. Carry on the 36 line until all lines merge.



Reduce the length by 15cm at the lengthen/shorten line.

BACK

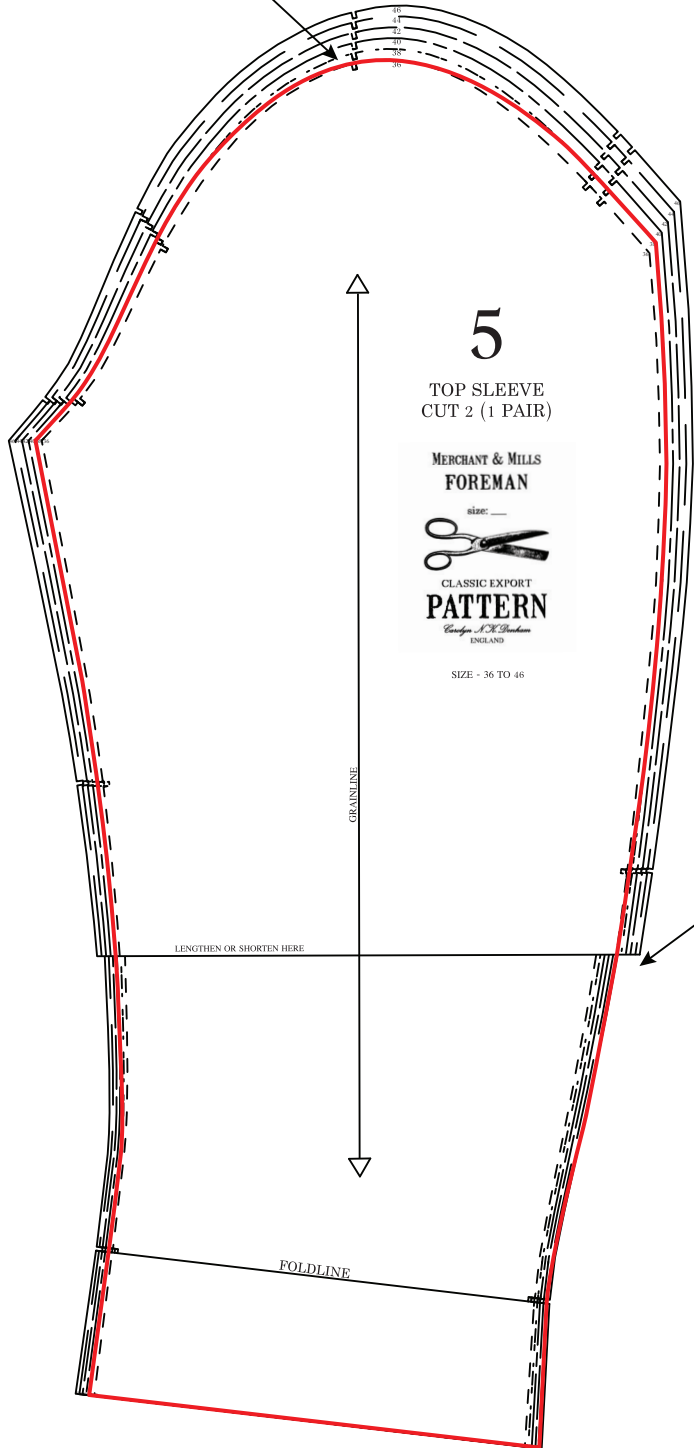
8. Using the size 38 pattern. First reduce the length on the BACK (3) by 15 cm at the lengthen/shorten line. Re-draw line. Then follow these changes:



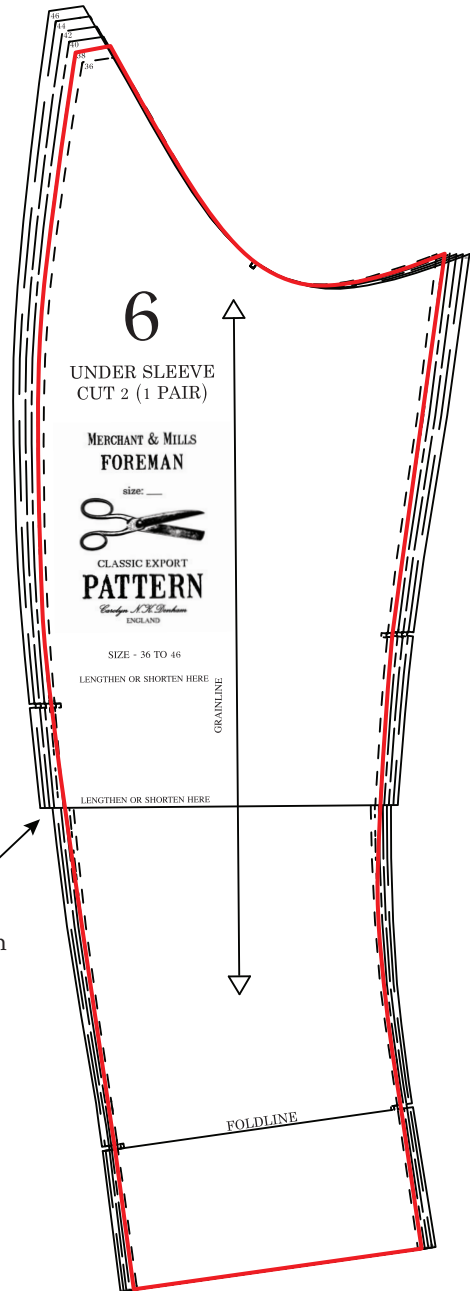
TOP SLEEVE

9. Using the size 38 pattern. First reduce the length on the TOP SLEEVE (5) by 6 cm at the lengthen/shorten line. Re-draw line. Then follow these changes:

From the size 38 at the front and back sleeve notches re-draw to the size 36 at the sleeve head.



10. Using the size 38 pattern. First reduce the length on the UNDER SLEEVE (6) by 6 cm at the lengthen/shorten line. Re-draw line.



MAKING DIFFERENCES

11. Follow all making instructions for the regular Foreman, except step 16 - the buttonholes will be on the right hand side, with buttons on the left.